

Lake View YMCA Youth and Family Classes

Spring I **UPDATED 1-28-10**

(Session runs 2/21- 4/17, 8 weeks. **Registration deadline: 2/15/2010**)

Pre-School Classes					
Kiddie Kollege (3-5 yrs.) *Children may take a maximum of 3 days per week	Mon, Tue, Wed, Thurs, Fri	9:00 – 12:00 pm	1-21-01	Member: \$185	Program Member: \$360
Soccer (1-2 yrs.)	Monday	9:00 – 9:45 am	3-12-01(00)	Member: \$85	Program Member: \$165
Soccer (3-5yrs)	Monday	10:00-10:45am	3-12-01 (01)	Member: \$85	Program Member: \$165
Rhythm & Rhymes (0-36 mos.)	Monday	11:30 – 12:15 pm	1-20-01(01)	Member: \$85	Program Member: \$165
Musical Expressions (2.5-5 yrs.)	Monday	12:30 – 1:15 pm	1-20-01(08)	Member: \$85	Program Member: \$165
Tiny Tot Tumbling (16 mos.-5 yrs.)	Tuesday Tuesday	9:15 – 10:00 am 10:15 – 11:00 am	3-05-01	Member: \$85	Program Member: \$165
Floor Hockey (3-5yrs)	Tuesday	4:15-5:00 pm	3-06-10	Member: \$85	Program Member: \$165
T-Ball for Tots (in the Gym; 2-4 yrs.)	Wednesday	9:15 – 10:00 am	3-01-01	Member: \$85	Program Member: \$165
Pre- School Sports of All Sorts (3-5 yrs.)	Monday	330-415p	3-29-01	Member: \$85	Program Member: \$165
Tiny Tot Tumbling (16 mos.-5 yrs.)	Friday Friday	9:15 – 10:00 am 10:15 – 11:00 am	3-05-01(03)	Member: \$85	Program Member: \$165
Winter Park NEW !! (3-7yrs) *This is a parent/child program*	Wed	3:30-4:30pm		Punch cards can be Purchased at front desk.	\$3/hour members \$6/hour Program Members
Youth Classes					
Teen Commit to Be Fit (12-17 yrs.)	Contact Fitness Director, Mira Levy, to set-up appointment (x2998; mira_levy@ymcachgo.org)				
Basketball Mania (4-6yrs)	Monday	4:15 – 5:00 pm	3-02-10	Member: \$85	Program Member: \$165
Boot Camp 4 Kids (6-12 yrs.) (must have 3 to run)	Tuesday	4:00 – 5:00 pm		See Fitness Dir. For more details (x2998) Parent Waiver required for participation	

Pre-School Class Descriptions

Sports

****WINTER PARK**:** It's too cold to go to the park, so come indoors to the YMCA playland.. Toys, dress up and free play to get your kids out of the house and burn off that energy! Winter park program will be staffed and parents are required to stay with their children.

A great opportunity to meet other parents!!

Tiny Tot Soccer (1–2 yrs.): Start your little kicker off on the right foot! This class is a great introduction to ball play and kicking skills for your young ones. Class focuses on kicking, passing and interaction between toddlers. Come and play with your child in a non competitive environment. You're sure to have a great time!

Pre-School Sports of all Sorts (3-5 yrs.): Learn a different sport each week! This is a great introductory class to a variety of sports. Come join us for the classics including soccer and basketball, and stick around to try ultimate Frisbee, broomball and more!

Tiny-Tot Tumbling (16 mos.–5 yrs.): Here is a great chance for parents to participate with active toddlers in an introduction to motor development. Join us for dancing, singing, and parachute games; constant excitement and movement that will entertain any toddler!

Pre-School Floor Hockey (3–5 yrs.): A safe and fun way for your beginning hockey star to learn the skills of the game. Introduce them to puck and stick handling, shooting and passing. Have your child learn a great new sport and make friends off the ice!

Tee-Ball for Tots (2–4 yrs.): Your toddler will be hitting home runs in no time! This class serves as a great introduction to America's past time. The focus on throwing, catching, and hitting is sure to improve your child's hand eye coordination while they have fun with their new friends. Stick around and play the outfield with us!

Pre-School Soccer (3–5 yrs.): The next "leg" up! Learn the basic rules and skills of soccer. Children will learn kicking, dribbling, passing, and how to be a team player while improving coordination and motor skills. Your young ones are sure to gain independence while working with our enthusiastic staff.

Humanities

Kiddie Kollege (Ages 2 ½-5 yrs. – child must be potty-trained): Introduce your child to other toddlers as well as schedules and play in this healthy pre-school style learning environment. This three-hour a day program (three days/week max.) is taught

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by instructors with extensive YMCA and childhood education experience. Run, jump, play, read, learn, share, paint, draw, sing, dance, and show-and-tell in this great introduction to school!

Rhythm Rhymes (0–36 mos.): First songs, rhythmic instruments and creative movement for babies and parents in a playful, explorative environment that stimulates musical curiosity, movement and expression.

Musical Expressions (2.5-5 yrs.): Children and parents will explore music with story and learning songs, rhythm activities, creative movement, orchestral instruments, and hands on xylophone instruction.!

Youth Class Description

Basketball Mania (5 ½-10 yrs.): A step up from Pre-School Basketball, this class focuses on set plays, defending, and working as a team to give your child a good foundation for the Lake View YMCA's Youth Basketball League!

Teen Commit to Be Fit & Boot Camp for Kids: A great opportunity to get your kids involved in working out! Bootcamp Kids meet in the upstairs lobby before each session.