

Dear Parents and Members:

Thank you for signing your children up for our swim lessons here at the Lake View YMCA. We are confident that you and your children will enjoy our program. We are also confident that your children will not only learn the basic skills of swimming, but also become better people. Here at the Lake View YMCA it is our mission to build strong kids, strong families and strong communities through programs that develop spirit, mind and body. This mission is implemented in our swim lesson program as the children learn the core values of the YMCA: Caring, Honesty, Respect and Responsibility. With this in mind we would like to make parents and families aware of our policies in order to provide a safe environment for the children and swimmers.

- 1) Street shoes are not to be worn on deck unless with shoe-covers, which are provided in the Family Locker room. Strollers are not allowed in the Family Locker room or on the pool deck.**
- 2) Cell phones and cameras may not be used in the pool area or in the locker rooms.**
- 3) Parents and guardians are only permitted on deck during specific observation days. (Generally the first and last days of the session.)**
- 4) Parents may bring their children on deck no earlier than five minutes before class and may pick them up no earlier than five minutes before class is to end.**
- 5) All swimmers must wear a swim cap if their hair is ear-length or longer.**
- 6) Children who are not potty-trained are required to wear swim-diapers.**
- 7) Children under the age of nine must be accompanied to pool deck by an adult unless under supervision of an instructor during scheduled class time.**

Upcoming Registration Dates

	Summer I	Summer II	Fall I
Member	5/26/2009	6/29/2009	8/17/2009
Program	6/1/2009	7/6/2009	8/24/2009
# of Weeks	5	5	7

+Please note additional YMCA rules and policies (located on the back of this document), as well as rules from the Illinois Department of Health located on the pool deck.

We thank you for your time and commitment to help us build a better aquatic program. Please feel welcome to call if you have any questions or concerns.

Sincerely,
Paul Meyer
Aquatic Director
773.248.3333



Lake View YMCA Pool Rules

1. The lifeguard on duty is the authority in the pool.
2. Children under 9 must be accompanied by an adult at all times.
3. Running, boisterous behavior, rough play, and inappropriate language will not be tolerated.
4. Only Lake View YMCA floatation devices are allowed.
5. Individuals with ear length hair or longer must wear a swim cap.
6. Proper swim attire must be worn in the pool -- no cut-offs or cotton shorts/shirts.
7. Street shoes are not allowed on deck. Protective booties are available in the family locker room.
8. Anyone with bandages, open blisters, cuts or lesions may not enter the water.
9. Diving, flips, twists and backward jumps are not allowed.
10. For the safety of all swimmers, individuals under the age of 14 must pass a deep-water test* before swimming in the deep end. Exception: those enrolled in Lake View YMCA swim class accompanied by instructor.

The Lake View YMCA has no make-up policy for all Youth & Pre-School classes. For questions contact the Aquatics Department. Thank you!

* Deep-water test consists of: swimming one lap of the pool (40 yds), treading water for 15 seconds, & floating on back for 15 seconds.